

## Charities taking part in the Liverpool Cathedral Abseil 2024

### Action Tutoring

- 21<sup>st</sup> September
- Education
- Contact: [hello@actiontutoring.org.uk](mailto:hello@actiontutoring.org.uk)
- For information about this charity, please visit: <https://bit.ly/ActionTut>

### Age Concern Liverpool and Sefton

- 14<sup>th</sup> September
- Health
- Contact: [julie.jackson@ageconcernliverpoolandsefton.org.uk](mailto:julie.jackson@ageconcernliverpoolandsefton.org.uk)
- For more information about this charity, please visit: <https://ageconcernliverpoolandsefton.org.uk/>

### Alder Hey

- 21<sup>st</sup> September
- Health
- Sign up here: <https://bit.ly/AlderHeyAbseil>
- For more information about this charity, please visit: <https://www.alderheycharity.org/>

### ALK+ Lung Cancer UK

- 21<sup>st</sup> September
- Health
- Contact: [admin@alkpositive.org.uk](mailto:admin@alkpositive.org.uk)
- For more information about this charity, please visit: <https://www.alkpositive.org.uk/>

### Choir With No Name

- 14<sup>th</sup> September
- Arts, Culture, Humanities
- Contact: [info@choirwithnoname.org](mailto:info@choirwithnoname.org)
- For more information about this charity, please visit: <https://bit.ly/ChoirWithNoName>

### Claire House

- 7<sup>th</sup> September
- Health
- Sign up here: <https://bit.ly/ClaireHouse2024>
- For more information about this charity, please visit: <https://www.clairehouse.org.uk/>

### Clatterbridge Cancer Charity

- 21<sup>st</sup> September
- Health
- Contact: [rachel.heslin@nhs.net](mailto:rachel.heslin@nhs.net)
- For more information about this charity, please visit: <https://bit.ly/CCCAboutUs>

### Friends of English Martyrs

- 14<sup>th</sup> September
- Education
- Contact: [pta@englishmartyrs.co.uk](mailto:pta@englishmartyrs.co.uk)
- For more information about this charity, please visit: <https://www.englishmartyrs.co.uk/pta/>

### Halton Haven Hospice

- 7<sup>th</sup> September
- Health
- Sign up here: <https://bit.ly/HaltonHaven2024>
- For more information about this charity, please visit: <https://www.haltonhaven.org.uk/>

### Hearing Dogs for Deaf People

- 7<sup>th</sup> September
- Disability
- Contact: [fundraising@hearingdogs.org.uk](mailto:fundraising@hearingdogs.org.uk)
- For more information about this charity, please visit: <https://www.hearingdogs.org.uk/>

### Huntington's Disease Association

- 21<sup>st</sup> September
- Health
- Sign up: <https://bit.ly/HDA2024>
- For more information about this charity, please visit: <https://www.hda.org.uk/>

### Liverpool Women's Hospital

- 21<sup>st</sup> September
- Health
- Sign up here: <https://bit.ly/LWHC2024>
- For more information about this charity, please visit: <https://bit.ly/LWFTHome>

### Mersey Care NHS Charity

- 7<sup>th</sup> September
- Health
- Sign up here: <https://bit.ly/MerseyCareAbseil>
- For more information about this charity, please visit: <https://www.mersecare.nhs.uk/>

### Motor Neurone Disease Merseyside

- 14<sup>th</sup> September
- Health
- Contact: [moira.furlong@mnda-merseyside.org.uk](mailto:moira.furlong@mnda-merseyside.org.uk)
- For more information about this charity, please visit: <https://mnda-merseyside.org.uk/>

### North West Air Ambulance

- 7<sup>th</sup> September
- Health
- Sign up here: <https://bit.ly/NWAA2024>
- For more information about this charity, please visit: <https://www.nwairambulance.org.uk/>

### North West Cancer Research

- 14<sup>th</sup> September
- Health
- Sign up here: <https://www.nwcr.org/abseil/>
- For more information about this charity, please visit: <https://www.nwcr.org/>

### Owen McVeigh

- 14<sup>th</sup> September
- Health
- Sign up here: <https://bit.ly/OwenMcVeigh2024>
- For more information about this charity, please visit: <https://www.owenmcveighfoundation.co.uk/>

### PAPYRUS

- 21<sup>st</sup> September
- Community Development / Mental Health
- Sign up here: <https://bit.ly/PAPYRUS2024>
- For more information about this charity, please visit: <https://www.papyrus-uk.org/>

#### Sefton 4 Good

- 14<sup>th</sup> September
- Community Development
- Sign up: <https://bit.ly/Sefton4G2024>
- For more information about this charity, please visit:

#### Shelter

- 7<sup>th</sup> September
- Human and Civil Rights
- Contact: [community@shelter.org.uk](mailto:community@shelter.org.uk)
- For more information about this charity, please visit: <https://sefton4good.org.uk/>

#### Southport and Ormskirk Hospitals Charity

- 7<sup>th</sup> September
- Health
- Contact: [hello@SOHCharity.org](mailto:hello@SOHCharity.org)
- For more information about this charity, please visit: <https://sohcharity.org/>

#### Southport Soup Kitchen

- 14<sup>th</sup> September
- Community Development
- Sign up: <https://bit.ly/SsK2024>
- For more information about this charity, please visit: <https://southportsoupkitchen.net/>

#### St Joseph's Hospice

- 14<sup>th</sup> September
- Health
- Contact: [events@stjhospice.org.uk](mailto:events@stjhospice.org.uk)
- For more information about this charity, please visit: <https://www.stjhospice.org.uk/>

#### The Whitechapel Centre

- 14<sup>th</sup> September
- Human and Civil Rights
- Contact: [fundraising@whitechapelcentre.co.uk](mailto:fundraising@whitechapelcentre.co.uk)
- For more information about this charity, please visit: <https://www.whitechapelcentre.co.uk/>

#### Whiston and St Helens' Hospitals Charity

- 21<sup>st</sup> September
- Health
- Contact: [hello@WSHospitalsCharity.org](mailto:hello@WSHospitalsCharity.org)
- For more information about this charity, please visit: <https://www.wshospitalscharity.org/>

#### Wirral Churches' Ark Project

- 14<sup>th</sup> September
- Community Development
- Contact: [Michael.Westcott@wirralark.org.uk](mailto:Michael.Westcott@wirralark.org.uk)
- For more information about this charity, please visit: <https://wirralark.org.uk/>

#### Woodlands Hospice

- 21<sup>st</sup> September
- Health
- Contact: [joanne.bartels@liverpoolft.nhs.uk](mailto:joanne.bartels@liverpoolft.nhs.uk)
- For more information about this charity, please visit: <https://www.woodlandshospice.org/>