

First Sunday of Lent (Year B) Sunday 18 February 2024

FAMILY RESOURCES

STUNT PERFORMERS

THE GOSPEL READING FOR THIS WEEK IS: Temptations in the wilderness (Mark 1: 9-15)

Core extracts from the Gospel passage (Mark 1: 12-13; for reflection throughout the week)

And the Spirit immediately drove Jesus out into the wilderness.
He was in the wilderness forty days,
tempted by Satan;
and he was with the wild beasts;
and the angels waited on him.

Gospel prayer (for use throughout the week)

Lord Jesus Christ,
you were tempted by Satan,
but Satan did not win.
Stand with us when we are tempted,
that we too may withstand Satan's tricks;
for you are our God.
Amen.



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Things to think about

- Why do you think actors use stunt doubles?
- Have you ever seen anyone performing stunts on bikes. Skateboards or with kites?

Things to do

- Visit a skate park and watch people performing stunts and tricks.
- Why not have a go yourself. Make sure you have permission and wear proper protection such as helmets and knee/elbow pads.
- Stunt paper plane

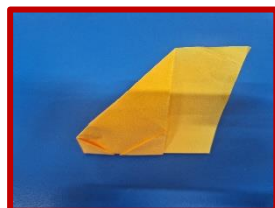
You will need: 1 piece of paper



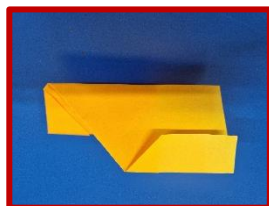
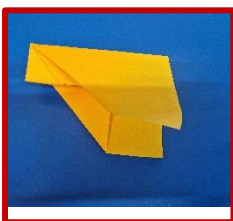
Fold the paper in half lengthways, fold the top corners down. Then fold in half from the top.



Fold the top corners into the middle and fold the bottom point up.



Turn over and fold in half.



Fold the wings down and fold the ends of the wings back up. Now try flying your plane and performing tricks! Good luck!

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Why not share your creations with us? We would love to see what you have been up to!
Please email any photos to education@liverpoolcathedral.org.uk or tag @LivCathedral on social media.