Second Sunday of Lent (Year B) Sunday 25 February 2024

FAMILY RESOURCES

THE CROSS

THE GOSPEL READING FOR THIS WEEK IS: Jesus foretells his death and resurrection to his disciples (Mark 8: 31-38)

Core extracts from the Gospel passage (Mark 8: 34-35; for reflection throughout the week)

He called the crowd with his disciples, and said to them,
If any want to become my followers,
let them deny themselves and take up their cross and follow me.
For those who want to save their life will lose it,
and those who lose their life for my sake,
and for the sake of the gospel, will save it.

Gospel prayer (for use throughout the week)

Lord Jesus Christ,
you suffered for our salvation.
Help us to take up the cross,
and to follow you;
for you are our God.
Amen.

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Things to think about

- Have you seen crosses in places other than in a church?
- Where were they?
- Are all crosses the same?
- What do you think about when you look at a cross?

Things to do

- Go for a walk with your family around your local neighbourhood. See how many crosses you can spot. Remember, you are not just looking for crosses on churches. Look at windows, doors, paving stones, fences and so on.
- Use small twigs or craft sticks to make your own cross. Bind the twigs together with wool.
- Stained glass window

You will need: 1 piece of tracing paper, black paper, tissue paper pieces,

Stick the tissue paper on to the tracing paper making sure that they overlap to give you different colours.

Make a frame by cutting two long and two short strips of black paper to fit on each edge of the tracing paper. Stick these on top of the tissue paper.

Use more black strips to make a cross shape and stick this in the middle. We have used the shape of Liverpool Cathedral which is a double armed cross.

Stick your finished artwork in a window to catch the sunlight. Perhaps you could make a pattern with the tissue paper? Stripes or checks look effective. You might want to make a rainbow.

Why not share your creations with us? We would love to see what you have been up to! Please email any photos to education@liverpoolcathedral.org.uk or tag @LivCathedral on social media.