

Easter Sunday (Year B) Sunday 31 March 2024

FAMILY RESOURCES

SPRING FLOWERS

THE GOSPEL READING FOR THIS WEEK IS: The empty tomb (Mark 16: 1-8)

Extracts from the Gospel passage (Mark 16: 5-7; for reflection throughout the week)

As they entered the tomb,
they saw a young man, dressed in a white robe,
sitting on the right side; and they were alarmed.
But he said to them,
'Do not be alarmed;
you are looking for Jesus of Nazareth, who was crucified.
He has been raised; he is not here.
Look, there is the place they laid him.
But go, tell his disciples and Peter
that he is going ahead of you to Galilee;
there you will see him, just as he told you.'

Gospel prayer (for use throughout the week)

Lord Jesus Christ,
you are risen, you are risen indeed, alleluia!
Lord Jesus Christ,
call the nations of the world
to hear the good news of Easter,
to see the empty tomb,
and to share your risen life;
for you are risen, you are risen indeed, alleluia!
Amen.



Things to think about

- What is your favourite Spring flower?
- Have you planted seeds or bulbs and watched them grow?
- How do you feel when you see flowers growing?

Things to do

- **Go for a walk** around your local area. Look carefully and see how many different types and colours of Spring flowers you can see. You might want to draw them or take photographs and make a collage.
- **You could make 3D paintings** of daffodils by using cardboard egg boxes as the trumpet of each flower. You will need to cut the egg box into separate sections and paint them yellow. They can then be stuck in the middle of each painted daffodil.
- **Paper chain flower garland**

You will need: coloured paper or card, scissors, glue



Cut the paper or card into strips. The longer the strips, the bigger your flowers will be.

Fold and stick each strip to make a loop.



Place six loops in a circle and glue together



Cut a circle out of a different colour paper and stick over the middle of your flower. You may want to put a circle on each side.



When you have made enough flowers, join them together with another looped strip as if you were making a paper chain. Now hang up your garland.

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Different ways to make your garlands.

You may want to loop flowers together in a pattern of colours or perhaps make a rainbow of colours.

You could hang them as a vertical curtain of flowers rather than in a bunting style.

Shiny or glittery paper would look attractive, as would bright coloured wrapping paper.

Why not share your creations with us? We would love to see what you have been up to!
Please email any photos to education@liverpoolcathedral.org.uk or tag @LivCathedral on social media.