

Second Sunday of Easter (Year B) Sunday 7 April 2024

## FAMILY RESOURCES

# TOUCHING

**THE GOSPEL READING FOR THIS WEEK IS: The risen Jesus (John 20:19-31)**

*Core extract from the Gospel (John 20: 26-28; for reflection throughout the week)*

A week later his disciples were again in the house,  
and Thomas was with them.  
Although the doors were shut,  
Jesus came and stood among them and said,  
'Peace be with you.'  
Then he said to Thomas,  
'Put your finger here and see my hands.  
Reach out your hand and put it in my side.  
Do not doubt but believe.'  
Thomas answered him,  
'My Lord and my God!'

*Gospel prayer (for use throughout the week)*

Risen Lord Jesus,  
you made yourself known to doubting Thomas.  
When we, too, are surrounded by doubts,  
help us to feel your presence,  
and to trust your sustaining power;  
for you are alive and reign for ever.  
Amen.



*Things to think about*

- What is your favourite thing to hold to comfort you? Perhaps you have a fluffy toy or a soft blanket?
- Is there anything that you don't like touching; I really dislike cotton wool!
- How easy is it to describe the feel of an object with your eyes closed?

*Things to do*

- Make a **collage** using different textured materials.
- Make a feely bag game by hiding different objects and asking your family or friends to guess what they are.
- Slime. Here are instructions to make two different types of slime using ingredients from your home.

You will need: 120ml shampoo, food colouring, 280g cornflour, water, mixing bowl.



Pour the shampoo into the mixing bowl.  
Thicker shampoo will be better.



Add a few drops of food colouring and mix together.



Now add the cornflour and mix. This will make a thick goopy slime so if you want it to be runnier then continue with the next step.



Add the water a tablespoon at a time. The more you add, the runnier your slime will become!  
Knead the slime until you have reached your preferred consistency.



The slime will last for a few days if kept in an airtight container. You may need to add a little more water each day.

*Another way to make slime using shampoo, shaving foam, food colouring and water.*



Pour 120ml of shampoo into a mixing bowl. Thicker shampoo will make a thicker slime.



Add 240ml of shaving foam and mix together.

Mix in 31g of cornflour at a time until it becomes thicker.



Now mix in some food colouring or fragranced essences.

Stir in 79ml of water a little at a time and then knead the slime for about 5 minutes.



The slime can be stored in an airtight box for up to 3 days.

Make sure you do not play with the slime if it becomes mouldy.

Always wash your hands after playing with the slime.

Why not share your creations with us? We would love to see what you have been up to! Please email any photos to [education@liverpoolcathedral.org.uk](mailto:education@liverpoolcathedral.org.uk) or tag @LivCathedral on social media.