

FAMILY RESOURCES

Advent Calendar

THE GOSPEL READING FOR THIS WEEK IS: Be prepared (Luke 21:25-36)

Core extract from the Gospel (Luke 21:34-36; for reflection throughout the week)

Jesus said, 'Be on guard so that your hearts are not weighed down with dissipation and drunkenness and the worries of this life, and that day catch you unexpectedly, like a trap. For it will come upon all who live on the face of the whole earth. Be alert at all times, praying that you may have the strength to escape all these things that will take place, and to stand before the Son of Man.'

Gospel prayer (for use throughout the week)

Lord Jesus Christ,
we look forward to your birth at Christmas.
Stay with us as we count the days,
so that we are ready to welcome you;
for you are our God.
Amen.

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Things to think about

- Which type of Advent calendar do you have?
- How do you feel when you open a new door?
- Do you count down to other events?

Things to do

- Why not have an Advent candle and take time each day to reflect whilst you watch the candle burn? **Make sure you never leave the candle unattended.**
- How about thinking of donating something every day during Advent, perhaps a local food bank or charity shop.
- Envelope advent calendar

You will need: 25 small envelopes, felt pens or pencils, string or ribbon



Label each envelope from 1 to 25 and decorate.

Decide what to put in each envelope. Sweets, treats, a kind message, a photo of a special time, an idea for a family activity or a suggestion for an act of kindness.



Attach the envelopes to the string or ribbon and display. Open one envelope each day.

Why not share your creations with us? We would love to see what you have been up to! Please email any photos to education@liverpoolcathedral.org.uk or tag @LivCathedral on social media.

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