

## **FAMILY RESOURCES**

# **HAPPY FACES**

**THE GOSPEL READING FOR THIS WEEK IS: The Beatitudes (Luke 6: 17-26)**

*Core extract from the Gospel (Luke 6: 20-21; for reflection throughout the week)*

Then Jesus looked up at his disciples and said:  
'Blessed are you who are poor,  
for yours is the kingdom of God.  
Blessed are you who are hungry now,  
for you will be filled.  
Blessed are you who weep now,  
for you will laugh.'

*Gospel prayer (for use throughout the week)*

Lord Jesus Christ,  
you showed your people the way of happiness.  
Open our hearts to the truth of your teaching,  
so we may find happiness in you;  
now and always.  
Amen.

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***Things to think about***

- What are the things that always make you smile?
- How do you feel when someone else smiles at you?
- How many times do you think you smile every day?

***Things to do***

- Smile at people as you pass them and see if they smile back!
- Keep a diary of things that have made you smile or feel happy every day.
- Happy face storage pots

You will need: clean tins or containers, paper, googly eyes, glue,



Wrap your clean tin in paper.



Add googly eyes.



Add a smile, we used funky foam for ours.



Why not add some hair to give your character even more personality?

You might want to make a family of happy faces using different sized containers.

Why not share your creations with us? We would love to see what you have been up to! Please email any photos to [education@liverpoolcathedral.org.uk](mailto:education@liverpoolcathedral.org.uk) or tag @LivCathedral on social media.

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