

## FAMILY RESOURCES

### SHARING BREAD

**THE GOSPEL READING FOR THIS WEEK IS: The journey to Emmaus (Luke 24: 13-25)**

*Core extract from the Gospel (Luke 24: 28-31; for reflection throughout the week)*

As they came near the village to which they were going,  
he walked ahead as if he were going on.  
But they urged him strongly, saying,  
‘Stay with us, because it is almost evening  
and the day is now nearly over.’  
So he went in to stay with them.  
When he was at the table with them,  
he took bread, blessed and broke it,  
and gave it to them.  
Then their eyes were opened, and they recognised him.

*Gospel prayer (for use throughout the week)*

Risen Lord Jesus,  
you made yourself known to the disciples  
on the way to Emmaus.  
Come among us now  
and make yourself know to us  
in the breaking of bread;  
for you are our God,  
now and for ever.  
Amen.

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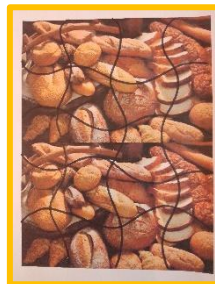
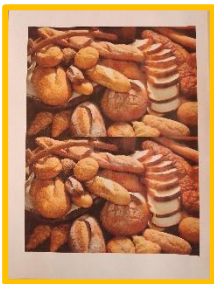
### *Things to think about*

- Why do you think the disciples only recognised Jesus when he shared bread with them?
- Why do you think eating together is so important to all faiths?
- What would be your favourite meal to have at a celebration?

### *Things to do*

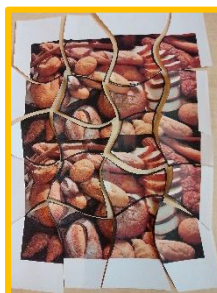
- Research different faiths celebratory foods
- Make some bread to share with your friends or family
- Bread puzzle

You will need: images of bread (from magazines or the internet), paper, pencil, scissors



Make a collage from your pictures by sticking them to a piece of paper.

Draw jigsaw shapes on the collage.



Cut the shapes out and see how quickly they can be put back together.

Why not hide pieces of the puzzle and make a treasure hunt to find them?

Why not share your creations with us? We would love to see what you have been up to! Please email any photos to [education@liverpoolcathedral.org.uk](mailto:education@liverpoolcathedral.org.uk) or tag @LivCathedral on social media.

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