

FAMILY RESOURCES

PICNIC

THE GOSPEL READING FOR THIS WEEK IS: Feeding the five thousand (Matthew 14: 13-21)

Core extract from the Gospel (Matthew 14: 19-21; for reflection throughout the week)

Jesus ordered the crowds to sit down on the grass.
Taking the five loaves and the two fish,
he looked up to heaven,
and blessed and broke the loaves,
and gave them to the disciples,
and the disciples gave them to the crowds.
And all ate and were filled;
and they took up what was left over of the broken pieces,
twelve baskets full.
And those who ate were about five thousand men,
besides women and children.

Gospel prayer (for use throughout the week)

Lord Jesus Christ,
you fed five thousand people
with five loaves and two fish.
Inspire your people today,
to share the riches of your food
throughout the world;
for you are the Bread of Life.
Amen.

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Things to think about

- Where do you like to go for a picnic?
- What is your favourite food to eat on a picnic?
- Describe the biggest picnic you have ever been to.

Things to do

- Make sandwiches and cakes to eat on a picnic.
- Have a teddy bears picnic.
- Picnic blanket weaving

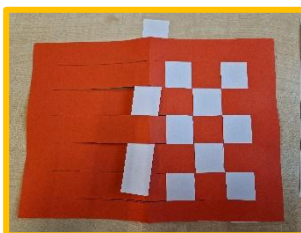
You will need: red and white paper, pictures of food from magazines, scissors, glue.



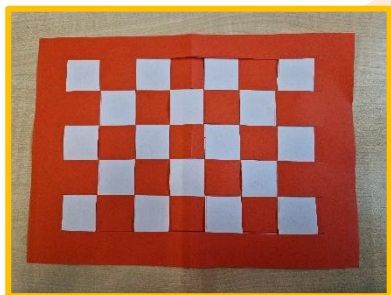
Fold the red paper in half and cut as shown.



Cut the white paper into strips.



Weave the white paper in and out of the red paper slits.



Stick on pictures of food from magazines or use toy food for your teddy bears picnic.



**Liverpool
Cathedral**

Ninth Sunday after Trinity (Year A) Sunday 2 August 2026

Why not share your creations with us? We would love to see what you have been up to! Please email any photos to education@liverpoolcathedral.org.uk or tag @LivCathedral on social media.

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