FAMILY RESOURCES

Human dignity

THE GOSPEL READING FOR THIS WEEK IS: The Reign of Christ (Matthew 25: 31-46)

Core extract from the Gospel (Matthew 25: 34-36; for reflection throughout the week)

Jesus said, 'Then the King will say to those on his right hand,
"Come, you that are blessed by my Father,
inherit the kingdom prepared for you from the foundation of the world;
for I was hungry, and you gave me food,
I was thirsty and you gave me something to drink,
I was a stranger and you welcomed me,
I was naked and you gave me clothing,
I was sick and you took care of me,
I was in prison and you visited me.'

Gospel prayer (for use throughout the week)

Lord Jesus Christ,
you reign for ever.
Help us to see your face
in the needs of those around us,
that we may respect the dignity of all,
and display your reign across the world;
for you are the king of glory.
Amen.

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Christ the King (Year A) Sunday 22 November 2026

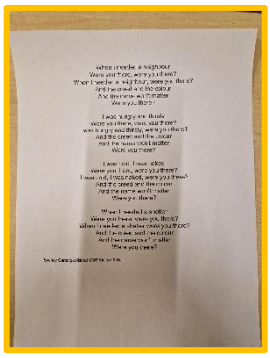
Things to think about

- How could you help someone in need?
- What do we mean by human dignity?
- Have you helped someone without realising?

Things to do

- Research and perhaps help charities that help people in your local area.
- Make a list of ways you could help others
- When I needed a neighbour

You will need: lyrics to the song, paper, scissors, glue





Cut out brightly coloured hearts.

Stick the hearts around the printed lyrics.



Write ways to help other people on the hearts.

Or find information about local charities to help people in distress.

Why not share your creations with us? We would love to see what you have been up to! Please email any photos to education@liverpoolcathedral.org.uk or tag @LivCathedral on

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